Mammogram is not capable of detecting every problem. This fact is mentioned not to frighten you, not to alter your faith in our mammogram programs, but simply so you identify problem areas early and, as a result, begin an effective and successful treatment program. There is however, a possibility that a mammogram will not reveal a problem area. This fact is mentioned not to frighten you, not to alter your faith in our mammogram programs, but simply so you understand that a mammogram is not capable of detecting every problem. However, having a mammogram greatly reduces the risk of problem areas going undetected, and we are happy to offer our mammogram services to you.

**American Cancer Society Guidelines for Early Detection in Women without Symptoms**

- **Mammogram:** Yearly mammograms are recommended starting at age 40 and continuing for as long as woman is in good health.
- **Clinical breast exam:** Clinical breast exam should be part of a periodic health exam—about every 3 years for women in their 20s and 30s and every year for women 40 and over. Breast awareness and breast self-exam: Women should know how their breasts normally feel and report any breast change promptly to their health care providers. Breast self-exams are an option for women starting in their 20s.
- **Breast magnetic resonance imaging (MRI):** Screening MRI is recommended for women with an approximately 20-25% or greater lifetime risk of breast cancer, including women with a strong family history of Breast or Ovarian cancer and women who were treated for Hodgkin’s disease.
- **A negative or benign diagnosis should not mitigate against or delay biopsy if clinically suspicious or indeterminate breast lesion is present.**
- **Mammography is a very important factor in the successful diagnosis of abnormalities of the breasts. By studying a mammogram it is often possible to detect and identify problem areas early and, as a result, begin an effective and successful treatment program.** There is however, a possibility that a mammogram will not reveal a problem area. This fact is mentioned not to frighten you, not to alter your faith in our mammogram programs, but simply so you understand that a mammogram is not capable of detecting every problem. However, having a mammogram greatly reduces the risk of problem areas going undetected, and we are happy to offer our mammogram services to you.